





March 2024

Muroc SD K-8 Lunch Menu

Kern County
Superintendent of Schools
Advocates for Children

Menu Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
|  |  |  |  | 1 HOT DOG HOT DOG BUN POTATO WEDGES MUSTARD Whole Fruit 1 Ea MILK CHOICE |
| 4 CHICKEN NUGGETS BBQ BEANS CUCUMBER COINS RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE | 5 BEAN & CHEESE BURRITO BABY CARROTS TACO SAUCE TAJIN Whole Fruit 1 Ea MILK CHOICE | 6 HOMEMADE MAC & CHEESE SHREDDED CHEESE BROCCOLI Whole Fruit 1 Ea MILK CHOICE | 7 JAMAICAN JERK CHICKEN CILANTRO LIME RICE COLESLAW SALSA Whole Fruit 1 Ea MILK CHOICE | 8 CHEESEBURGER POTATO WEDGES MUSTARD Whole Fruit 1 Ea MILK CHOICE |
| 11 NACHO CHEESE SAUCE TURKEY TACO MEAT SHREDDED CHEESE REFRIED BEANS SALSA TORTILLA CHIPS Whole Fruit 1 Ea MILK CHOICE | 12 TURKEY TACO NADA BABY CARROTS TACO SAUCE TAJIN Whole Fruit 1 Ea MILK CHOICE | 13 HOMEMADE PIZZA GREEN SALAD DICED TOMATO RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE | 14 CHICKPEA CURRY FLATBREAD BABY CARROTS RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE | 15 SMOKIE GRILL BEEF RIB SUB ROLL POTATO WEDGES Whole Fruit 1 Ea MILK CHOICE |
| 18 CHILI BEANS SHREDDED CHEESE CORNBREAD MUFFIN Whole Fruit 1 Ea MILK CHOICE | 19 PEPPERONI PIZZA POCKET BABY CARROTS RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE | 20 PASTA ALFREDO MOZZARELLA CHEESE STICK BROCCOLI Whole Fruit 1 Ea MILK CHOICE | 21 KOREAN BEEF BROWN RICE CUCUMBER COINS BABY CARROTS TAJIN Whole Fruit 1 Ea MILK CHOICE | 22 BREADED CHICKEN PATTY HAMBURGER BUN POTATO WEDGES MAYONNAISE Whole Fruit 1 Ea MILK CHOICE |
| 25 COWBOY CAVIAR TORTILLA CHIPS BABY CARROTS Whole Fruit 1 Ea MILK CHOICE | 26 CHICKEN CORN DOG RANCH BEANS MUSTARD Whole Fruit 1 Ea MILK CHOICE | 27 BEEF SPAGHETTI BROCCOLI Whole Fruit 1 Ea MILK CHOICE | 28 GREEK CHICKEN FLATBREAD CUCUMBER GREEK SALAD TZATZIKI SAUCE Whole Fruit 1 Ea MILK CHOICE | 29 MEATBALL SUB SANDWICH POTATO WEDGES Whole Fruit 1 Ea MILK CHOICE |

This institution is an equal
opportunity provider

All Bread/Grain Items
Are Whole Grain